



Clock is Ticking, Are you Rightly Flipping?

Time is a fixed commodity! We all do our best to squeeze every bit of value out of it by creating routines for all the things that matter to us, such as work, exercising, spending time with family and friends. We all have routines. Some of us are diligently creating them, and some of us just fall into them by default.

But what is the purpose of a routine, if we don't start with the end in mind? It's actually pointless if you operate through your to-do lists like this! Without the end in mind, we work through the day, and after a period of time we feel that we've not really achieved much in terms of our big goals. This is hugely discouraging, and it makes every so-called hurdle in our way almost unsurpassable. When our action plans do not have long-term planning incorporated into them, then every change in our daily routines can become crippling. We all need hope that we are building towards something better. We must plan well for this.

To plan well, we must work backwards. When you have a clear idea of what your big goals are, you can break them into small incremental, and manageable steps. You can create daily targets, weekly targets, and you will then see that you are working towards realizing your potential. Without this, you will see that time runs out.

Without a vision of what your big goals are, you will sit in the illusion of "someday". Someday, I'll get to finishing that degree, someday soon I'll learn more about those new technologies, someday. Without planning your daily tasks around what your big goals are, you are destined to be small. To be big, you must have big goals, and you must do steps daily that move you into that direction. Otherwise, time will run out.

We all have friends that talk big. They say they will move their professional profile to a new level, and they will soon be promoted. Next time you meet them, they're exactly where you saw them last. Don't let this happen to you! When you plan to do something, have a timeline in mind. Have a vision in mind of what you're working towards. See yourself achieving those goals, and then make sure that you know the steps to getting there. Then simply, just start!

Action is key. Planning is key. Your success is inevitable when you change your perspective towards this. You can do it! Get up, and get going!